THE DIAMONDBACK’S 2020

WELCOME BACK GUIDE
EVERYTHING YOU NEED TO KNOW TO NAVIGATE A YEAR AT UMD
Ranking the Top 3 Things to Discuss With Your New Roommate... BEFORE You Get to School!

*Number 1 will surprise you!

3) Ground Rules
While you’ll go over a “roommate contract” with your RA sometime during the first week, it can be nice to establish some rules ahead of time. Things like quiet hours, food / supply sharing policies, temperature preferences, and the frequency of having friends over are all good topics to cover.

2) Decoration Ideas
Decorating your living space can be a great roommate bonding experience, but sometimes style preferences clash. It can be nice to go over any ideas with your roommate before hauling a ton of posters, lights, rugs, curtains, etc. all the way out to your college.

1) Who’s Bringing What?
Perhaps the most important thing to discuss is who’s bringing what. You won’t have a lot of space, and you definitely don’t need two mini-fridges or two futons. Instead, decide who will bring certain shared items. Make one decision easier by splitting the cost of a fridge from MyFridgeRental.com.

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Robert H. Smith School of Business
Dear readers,

Let’s face it — last semester didn’t quite go the way any of us expected. And this semester might not either. But global coronavirus pandemic aside, it’s time for another year at the University of Maryland! Whether you’re coming to campus armed with Lysol or Zoom-ing into class from your childhood bedroom, we hope you’re settling in well and ready to take on all the best this year has to offer — even if it’s through a screen or with a mask.

Getting back into the swing of things after any summer is tough, but we’ve got it especially rough this time around after the abrupt transition to Zoom University and social distancing. But don’t worry: We’re here to help. The Diamondback has created a special tabloid edition to help students ease into the transition. Welcome back to the college life you know and love: everything from late nights with friends to late-night study sessions, all without breaking social distancing protocols.

Pandemic or not, this guide holds the essentials for you to have a successful year at Maryland’s flagship school. We’ve got it all, from tips on academic help and healthy living to recommendations for restaurants and hiking spots around College Park and the DMV.

Here’s hoping 2020-2021 is a healthier year than the last!

- Carmen Molina Acosta | Welcome Back Guide editor
ACADEMIC CALENDAR

FALL 2020

Aug. 31 — First day of classes
Sept. 7 — Labor Day
Nov. 25-29 — Thanksgiving break
Dec. 14 — Last day of classes
Dec. 15 — Reading day
Dec. 16-22 — Final exams
Dec. 22 — Commencement
(main ceremony)
Dec. 23 — Commencement
(college/department ceremonies)

SPRING 2021

Jan. 25 — First day of classes
March 14-21 — Spring break
May 11 — Last day of classes
May 12 — Reading day
May 13-19 — Final exams
May 20 — Commencement
(college/department ceremonies)
May 21 — Commencement
(main ceremony and college/ department ceremonies)
May 22 — Commencement
(college/department ceremonies)

WINTER 2021

Jan. 4 — Classes begin
Jan. 18 — Martin Luther King Jr. Day
Jan. 22 — Classes end

SUMMER 2021

June 1 — Sessions I and I-A begin
June 18 — Session I-A ends
June 21 — Session I-B begins
July 5 — Independence Day holiday
July 9 — Sessions I and I-B end
July 12 — Sessions II and II-C begin
July 30 — Session II-C ends
Aug. 2 — Session II-D begins
Aug. 20 — Sessions II and II-D end
The University of Maryland has a bunch of student traditions to fit into your limited college years. Don’t know where to start? Here’s a list of rites and rituals every Terp should experience before they graduate.

By Anastasia Marks | @stasiasayshey | Staff writer

1. **SWIM IN THE FOUNTAIN ON MCKELDIN MALL**

To quote last year’s Homecoming Comedy Show headliner, John Mulaney: “One feels like a duck splashing around in all this wet. And when one feels like a duck, one is happy.” Sure, he was talking about rain, but true Terps know it’s really about taking a dip in the fountain on McKeldin Mall. There isn’t much better than an impromptu fountain trip to get your feet wet — or just fall in entirely — especially early in the year, when it’s still way too hot out. It’s a rite of passage for all new Terps, and it’s an experience to repeat before graduation, if you can.

2. **SACRIFICE SOMETHING TO TESTUDO**

Exam season is tough. And sometimes, even after you’ve been up studying half the night for an 8 a.m. test, you just need a little more good luck. It’s a Maryland tradition to leave a sacrifice at a Testudo statue before an exam in hopes the turtle will bless you with an “A.” Sacrifices include things as small as a pack of gum and as large as a pool table — just try not to leave trash!

3. **REGRET YOUR LIFE CHOICES WHILE CLIMBING STAMP HILL**

UMD’s campus is infamous for its hills. A simple trip from North Campus to McKeldin Library can force students to walk up two different hills along the way. And none compare to Stamp Hill, a 400-foot trek up that may be the fastest way to get to your class, but will leave you out of breath and trying not to look winded in front of your friends.

4. **GO TO A UMD BASKETBALL GAME**

One perk of going to a school with a top-25 basketball team: The games are awesome. There’s nothing quite like sitting on The Wall in the student section, screaming and cheering when UMD wins by 15 points after being down at halftime. Maryland’s student section is known for its semi-obnoxious traditions, including the annual flash mob. It doesn’t get much better than being there with your fellow students, dancing under a giant flag or shaking newspapers to drown out the other team … except when you get a free shirt just for showing up!

5. **EAT AT MARATHON DELI**

A UMD staple at any hour of the day, eating at Marathon Deli at least once is a necessity for anyone who wants to call themselves a Terp. The iconic restaurant recently moved to its new location directly on Route 1. Whether it’s a gyro for dinner at 6 p.m. or a box of the famous Marathon Fries at midnight, Marathon Deli is always there for you at the end of a long day.
6. Try Cornerstone’s spinach and artichoke dip

Some things exist just to make life better, and the spinach and artichoke dip at Cornerstone Grill and Loft is one of those things. This cheesy, herby bowl and matching pile of warm tortilla chips is one of the best things you can eat in College Park any day of the week — but it hits especially well at a Friday afternoon happy hour, if you’re of legal age.

7. Defend UMD when someone makes fun of our football team

Anyone who says Maryland isn’t a great sports school clearly isn’t paying attention. With ranked men’s soccer, men’s and women’s lacrosse, and men’s and women’s basketball teams, Terps have plenty of athletes to root for. But your friends at Penn State or Ohio State may forget that from time to time, and it’s ok to give them a reminder. Defend the alma mater, no matter what the record is.

8. Mourn the closing of a business you liked on Route 1

As much as we love College Park, businesses tend to come and go here, especially on Route 1. It’s inevitable that some place you love shutters before you get the chance to return. So while we mourn the likes of MilkBoy ArtHouse, Slices and The Red Boat, make sure to patronize your favorites while you can.

9. Inconveniently wake up on game day

Whether you wake up way too early to get ready and tailgate with your friends before the game or the cannon blasts jolt you from your afternoon nap on an otherwise peaceful Saturday, there’s always inconvenience involved when it comes to game day. And there’s always a point where you’d rather be sleeping.

10. Spend a little too long in McKeldin Library

At the end of the day, we’re all here to study and earn our degrees. But who are we kidding: Sometimes students procrastinate a little too hard and prioritize Netflix-bingeing over studying. On nights like that, there’s only one thing to do: take advantage of McKeldin Library’s 24-hour availability for students from Sunday through Thursday and disappear into the stacks, only emerging when it’s time to take the exam or turn in that paper. We’ve all been there, and at least Testudo is right out front so you can rub its nose for an extra boost of luck on the way to class.
# A Taste of College Park

Here’s a list of some more eateries around campus

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<th>NAME</th>
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<td>Insomnia Cookies</td>
<td>Late-night cookies</td>
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**College Park Staples**

Dining hall food doesn’t always cut it. If you’re tired of the same food, head off campus for more options. Here are The Diamondback’s favorite places to grab a bite.

**NuVegan**

Looking for some plant-based comfort food? NuVegan has you covered. Nestled underneath TheVarsity apartments, this fast-casual spot has plenty of cold and hot options. Their juicy Chick’n Drumsticks are enough to convert even the fiercest meat lover. These dishes are on the pricier side, so it’s an excellent treat for special occasions. To get the most out of your visit, try out their vegan lasagna or macaroni and cheese. Balance out the carbohydrates with one of the nutritious vegetable side dishes — there are plenty to choose from.

**Kung Fu Tea**

This specialty bubble tea cafe offers a wide variety of drinks ranging from milk teas to yogurt drinks and even tea-infused punches. Toppings can be added upon request, and each one is a great addition to any drink. The famous tapioca pearls, also known as “boba” or “bubbles,” are a must-have in any drink, hot or cold. Some of the best drinks are the punches, specifically the strawberry lemon green tea and peach oolong tea, both with extra bubbles. A word of caution: These drinks are highly addictive and incredibly delicious, so be mindful of their power and your spending!

**Silver Diner (Greenbelt)**

This charming diner with a gourmet flair is one of the best places to take your parents if they come to visit, whether you’re hungover at noon on a Sunday or dead tired after UMD loses another football game. Go-tos such as grilled cheese and Philly cheesesteak come with flashes of brilliance like cranberry-orange ginger sauce and honey pepper relish. And the all-day breakfast — especially the caramel French toast — is fantastic.

**Pho Thom**

If you’ve never tried pho, a flavorful and sinus-clearing Vietnamese noodle soup, Pho Thom is the place to do it. A short walk from South Campus, the restaurant offers plenty of Vietnamese and Thai dishes, including its delicious Thom Wings, which come with a spicy side of Thai chili sauce.

**Marathon Deli**

Everyone will tell you to go to Marathon Deli, and this is one of those times when everyone is right. There’s nothing quite like shoveling down a 2 a.m. gyro along with what I can only refer to as College Park’s Holy Grail: Marathon Fries. Don’t let anyone tell you they’re just normal fries. Their mayo-y sauce is unsurpassed by any other late-night flavor, and there will be plenty to go around at Marathon’s new location on Route 1.

**Busboys and Poets (Hyattsville)**

Busboys and Poets is a great place to hang with friends for a fun evening. Head down Route 1 to enjoy some delicious and diverse food along with the restaurant’s extensive bookstore and performances — from music to comedy to slam poetry and more.

- Camryn DeLuca | Diversions writer & assistant engagement editor
- Joy Saha | Diversions writer
- Christine Condon | Former special projects editor
- Alexander Dacy | Sports editor
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Whatever your major, come start your journey with us. Learn. Fail. Grow. Repeat. Gain sought-after career skills and above all, have fun!

GETTING OUT

The University of Maryland gets a lot of attention for being so close to D.C., but it's also conveniently located near plenty of parks and hiking trails. For students looking to get away from the city, there are plenty of options just a short walk or car ride away.

BIKING AND HIKING TRAILS
(JUST OFF CAMPUS)

You don’t need a car to catch a breath of fresh air. There are five interconnected biking and hiking trails easily accessible from UMD. Start at the Paint Branch Trail right off campus and explore the area beyond Route 1, including the picturesque Lake Artemesia just minutes away. All the trails also connect to the Anacostia Tributary Trail System, adding miles more of potential trailage. For more info, check out: https://www.collegeparkmd.gov/trails

BILLY GOAT TRAIL HIKE
(About 20 miles from campus)

Located just over 30 minutes away from campus in Montgomery County, this is one of the area’s most popular hiking spots. The trail runs along the C&O Canal and features some of the best rock scrambles and views in the region. The three different sections of the trail total almost five miles. Plan your trip wisely, though — the trails can get busy on the weekend. For more info, check out: https://www.nps.gov/choh/planyourvisit/billy-goat-trail.htm

GREENBELT PARK TRAIL SYSTEM
(About 3 miles from campus)

The trails at Greenbelt Park are perfect for those looking to get away but not stray too far off the beaten path. Take the 5.3 mile Perimeter Trail around the park or one of the smaller trails. The park is pet-friendly — just make sure to bring a leash. For more info, check out: https://www.nps.gov/gree/planyourvisit/index.htm

OLY GOAT TRAIL HIKE
(About 20 miles from campus)

Hiking Old Rag Mountain at Shenandoah National Park is a rite of passage for area outdoor enthusiasts. Located about two hours away from campus, expect to spend a full day driving and hiking one of the most popular trails on the East Coast. The trail, about nine miles long, has more than 3,200 feet of elevation. Parts of the trail can get difficult, so it’s best to leave your pet at home for this one. You can even make a weekend of it and enjoy the Blue Ridge Mountains. For more info, check out: https://www.nps.gov/shen/planyourvisit/hiking-old-rag.htm

PATAPSCO VALLEY STATE PARK
(About 30 miles from campus)

The Patapsco Valley State Park features more than 16,000 acres of park space along 32 miles of the Patapsco River. With six hiking and biking areas and over 200 miles of trails just about 40 minutes north of campus, there's something for everyone. Be sure to check out the four-mile Switchback Trail loop in the McKeldin Area. The park also has facilities for camping, fishing and boat rentals, among other activities. For more info, check out: https://dnr.maryland.gov/publiclands/Pages/central/patapsco.aspx

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Earn up to 4 credits

Office of Extended Studies | oes@umd.edu | KEEP LEARNING
GETTING INVOLVED

With more than 30,000 undergraduate students and the fall semester mostly virtual, finding community at UMD might feel overwhelming. But UMD is incredibly diverse, with a multitude of people and opportunities. Here are some ways to get out of your comfort zone and get involved on campus.

JOIN A STUDENT ORG

Whether you want to get politically active, contribute to charity or share an esoteric hobby or interest, student organizations can help you find your people. The university has more than 700 registered student organizations, so chances are one of them is a good fit and can help make the large campus feel small. Head over to terplink.umd.edu and log in with your directory ID, then look through the list of student groups. It might take you some time, but you should find what you’re looking for.

This year, the First Look Fair — an event where students can explore UMD’s extracurricular offerings — will be virtual, but it’ll still allow for students to talk to each other in real-time about different opportunities. Although the fair will look a little different this year, it’ll still be a great opportunity to find a student group that interests you. Look out for the event sometime during the week of Sep. 14.

GO GREEK

Greek life is a great way to meet people and get involved. For Interfraternity Council organizations, formal recruitment is held in the fall and spring. For National Panhellenic Conference sororities, informal recruitment is in the fall and formal recruitment is in the spring.

For more information about requirements, specific chapters, National Pan-Hellenic Council organizations, Multicultural Greek Council organizations and coronavirus-related updates, visit the Department of Fraternity and Sorority Life website at greek.umd.edu.

In addition to the social side of Greek life, there are other opportunities with pre-professional and academic fraternities. These organizations generally advertise for a week of recruitment events in the fall and spring semesters.

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Meet Will Tanzola, Physics, ’18

For more information, please contact: Dr. Anisha Campbell, TT Associate Director John S. Toll Physics Building, room 1104C; (web) tt.umd.edu; (e): tt@umd.edu; (p): 301-405-0645

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UNIVERSITY OF MARYLAND / FEARLESS IDEAS
This university offers plenty of opportunities for athletes of all levels to get their sports fix. If you’re looking to stay on a more competitive level, practice weekly and travel to play against other schools, club sports are a good option. They’re student-run and currently set to be limited to conditioning and strengthening with proper physical distancing maintained. For more info, check out: recwell.umd.edu/activities/club-sports.

If you’re looking for a more relaxed way to play, intramural sports are a great way to get together and play once a week. University Recreation and Wellness runs intramural sports in the spring, summer and fall, open to all levels. In the fall, low and moderate risk activities will be offered, like tennis and modified softball. For more info, check out: https://recwell.umd.edu/activities/intramural-sports.

To stay up to date on coronavirus-related changes, check out recwell.umd.edu/keepmoving.
Halfway through the semester, and you’re not happy with your grades? Never fear — as Terps know, slow and steady wins the race. And if you need help, we’ve got you. There are plenty of resources on campus (and online!) to get you prepped for all of your academic needs.

**THE WRITING CENTER**

Look, words are hard sometimes. So if you’re struggling to put pen to paper or just hoping to improve your writing skills, the Writing Center is here to help. Try making a virtual appointment, or using the live online tutoring available on its site at [https://english.umd.edu/writing-programs/writing-center](https://english.umd.edu/writing-programs/writing-center).

**GPA CALCULATOR**

Want to know how many 4.0 semesters you’ll need to boost your GPA by a decimal point? Testudo (the website, not the statue) has a calculator available 24/7. To check it out, go to [https://testudo.umd.edu/gpa/index.html](https://testudo.umd.edu/gpa/index.html).

**ACCESSIBILITY AND DISABILITY SERVICES**

If you find yourself in need of an accommodation, the ADS office is there to help. The office is open 8:30 a.m. to 4:30 p.m. every weekday. Check out [https://www.counseling.umd.edu/ads](https://www.counseling.umd.edu/ads) for more details about online services.

**GUIDED STUDY SESSIONS**

Certain large courses at UMD offer twice weekly 50-minute group study sessions led by people who got an “A” in the class when they took it. You can go once or to every session — whatever helps you most.

Check [https://www.counseling.umd.edu/academic/gss](https://www.counseling.umd.edu/academic/gss) to see how the program will work in the fall.
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ESSENTIAL CAMPUS LANDMARKS

1. MCKELDIN LIBRARY

2. STAMP STUDENT UNION

3. UNIVERSITY HEALTH CENTER

4. EPPLEY RECREATIONAL CENTER

5. RITCHIE COLISEUM

6. XFINITY CENTER

7. MARYLAND STADIUM

CAMPUS MAP

Key

DORMS:
5. Ellicott Hall 6. Hagerstown Hall 7. La Plata Hall
11. Chestertown Hall 12. Cumberland Hall
32. Howard Hall 33. Kent Hall 34. Montgomery Hall

ON-CAMPUS DINING:
1. 251 North 2. Maryland Hillel 3. North Campus Dining Hall
4. South Campus Dining Hall 5. Stamp Food Court

ON-CAMPUS CAFE’S:

OFF-CAMPUS STORES AND RESTAURANTS:
12. Pupuseria La Familiar 13. Board and Brew
You’re in college now, and you’re going to need stuff! There aren’t a ton of stores within walking distance of the university, so you may need to use public transit to get to nearby shops. Here’s a few that aren’t that far from campus:

**IKEA**

You probably thought your roommate was bringing the carpet. And what about the polka-dot lamp you both eyed online? It slipped your minds, but that’s OK — there’s an Ikea right in College Park, up Route 1 from the campus. Parking is plentiful, and you can always grab some Swedish food from the furniture chain and make it a fun outing with your new roomie (and hopefully, new friend).

**TARGET EXPRESS**

Did you run out of toothpaste, socks or your favorite flavor of Doritos? If you can’t find it at one of the on-campus convenience stores, this is your next best bet. Target Express is across Route 1 from the campus, so if you’re in a bind and need to grab some essentials, this is the place to go.

**THE MALL AT PRINCE GEORGE’S**

Quick runs to Target not meeting your shopping needs? Thankfully, there’s a mall not too far from campus that you can get to by taking the #113 bus to Hyattsville (make sure to get off at “The Mall at Prince George’s” stop). Here, you’ll find your hometown favorites — Bath & Body Works, Five Below, GameStop, Macy’s and Marshalls.

**THRIFT SHOPS**

Let’s be real: College is expensive. We’re not made of money, and lucky for us, thrift shops have gotten popular recently. Just a short bus trip up Route 1 under Monument Village is Uptown Cheapskate, where you can sell and buy clothing. A bit farther away in Silver Spring and Adelphi are Unique and Value Village, respectively. There’s a little bit of travel involved, but if you’re looking for some low-cost clothing — or a Halloween costume — it’s worth your time.
WHERE CAN I GET GROCERIES?

Living in an apartment for the first time and don’t know where to pick up your groceries? Learning to cook for yourself without a dining plan can be hard enough — don’t let grocery shopping stress you out, too. Lidl and Whole Foods, which sit in opposite directions on Route 1, are some of your best bets and are accessible by bus. There’s also some other stores a little farther away, like a Shoppers up Route 1 and a Giant in Greenbelt.

If you’re in a pinch, you can always run into the Target Express or the on-campus shops. But don’t overlook the plethora of smaller ethnic and international food stores also available nearby — they’re usually cheaper and less crowded by students.

TIPS FOR BALLING ON A STUDENT BUDGET

We all know money doesn’t grow on trees, but if you’re not careful, it can go faster than you’d think. Here are a few tips for making your bucks count on campus:

- Try not to buy a lot on or near campus. Since you’re a captive consumer here, prices are often higher, and you can end up paying a lot more than you would at home — or just up the road.

- Take advantage of student discounts and free products whenever you can, such as Xfinity On Campus and Adobe software available with your student email.

- If you want to get a job, try to get one on campus — time is money, and you’ll save a lot of it by cutting down your commute. Plus, on-campus jobs tend to be more understanding of students’ wacky schedules.

- In need of just an extra bit of cash? Sign up to participate in studies on campus and fill out surveys — departments often pay participants, even if it’s just with $7 or a chance of winning a coupon.
The Fridge-Freezer unit is permitted in all residence halls.

Reserve by July 31st at MyFridgeRental.com
Rentals will be in your room before you arrive*

If something's wrong, we'll make it right
No-hassle return, we collect from your room

++ Only residents of Cambridge, Oakland, Prince Frederick, and Queen Anne are permitted to rent the MicroFridge unit. The Fridge-Freezer unit is permitted in all residence halls.

Contact us at:
info@MyFridgeRental.com
1-844-9-FRIDGE

*University of Maryland determines initial delivery dates. Order by July 31st to be on first delivery by August 20th. We still accept orders after first delivery. View website for specific delivery dates.
THE DIAMONDBACK

THE UNIVERSITY OF MARYLAND’S INDEPENDENT STUDENT NEWSPAPER

Know what’s happening on your campus and in your new city - Follow The DIAMONDBACK on social media! Every platform you follow us on will automatically give you an entry for the chance to win a $25 Amazon gift card.

Follow @thedbk on Instagram for one entry.
Like The DIAMONDBACK on Facebook for one entry.
Follow @thedbk on Twitter for one entry.

The DIAMONDBACK Social Media Sweepstakes will award one Amazon gift card during each month of the fall semester. To enter simply follow The DIAMONDBACK on social media. You’ll be entered once for each platform on which you follow The DIAMONDBACK. Your odds of being awarded a gift card will depend on the total number of entries received and the total number of DIAMONDBACK channels entered.

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not valid with other offers.
With a semester that’s mostly online and students spread out across the globe, camaraderie might feel harder to come by this fall. But this doesn’t mean you can’t still take part in the classic college experience, even if it’s entirely over Zoom. You’ll just have to get a little creative.

CREATE AN ONLINE STUDY GROUP

Though many classes are fully online in the fall, that doesn’t mean you won’t have to study! Slide into some of your classmates’ Zoom chats or ELMS inbox and set up an online study group. Some of Zoom’s features, like the whiteboard or screen-sharing, are a great way to facilitate learning. You could also try creating an online quiz and compete against your classmates to master concepts.

HOST A VIRTUAL PARTY

Hook your computer up to your TV, switch to Zoom, blast some tunes and — if you’re of legal age — grab a drink! Though social gatherings definitely won’t be what you’re used to, there’s no reason you can’t party from the safety of your own home.
I’m sure you’re going to miss studying with friends in Board and Brew or Starbucks. But there’s no reason you can’t create the same scenario over video chat! Brew some coffee and sit in silence with your friends as you all pretend to study. Just like old times.

Many popular board games have found new homes online. Gartic.io is an online Pictionary game, and PlayingCards.io has Crazy Eights, Checkers, Go Fish and more. And you can always return to classics such as Words With Friends, which is the perfect way to recreate residence hall Scrabble tournaments. Buzzfeed Quiz Party is another great way to take silly dorm conversations virtual. Grab three friends and fill out quizzes to learn exactly which breakfast food you are and which Jonas Brother you should date.

One of the hallmarks of the college experience is sharing a bathroom with 50- plus of your closest friends. Take your phone into your bathroom and do a self-care or beauty routine with a couple friends. It’s a surprisingly intimate experience that gives off the freshman dorm vibes everyone is craving.
The University of Maryland’s bus system, Shuttle-UM, has more than 20 routes. And one Shuttle-UM route can get you to the Metro, which means you can get almost anywhere you’d want to go in the DMV. Some things have changed due to the coronavirus pandemic, though, so here are some tips for navigating College Park in the fall.

**When do buses run?**

The simple answer? It depends on the route. Plus, there will be some modifications to protect the health of passengers and drivers this fall: Some routes will pause during off-peak hours or run on an abbreviated schedule. You can check the university’s Department of Transportation Services website, at [transportation.umd.edu/shuttle-um](http://transportation.umd.edu/shuttle-um). You can also check when buses are coming in real time using the free app NextBus.

**Do I need to pay to get on Shuttle-UM?**

Normally, you’d need your University ID, but ID checks have been suspended until further notice due to the pandemic. Make sure you bring a mask, though — all passengers must wear a face covering that covers their nose and mouth while on the buses.

**What if I need to use paratransit?**

Paratransit is an on-demand transportation service for people with disabilities and temporary injuries. Once you register with the University Health Center or the Accessibility and Disability Service, you can schedule trips where Shuttle-UM picks you up and takes you where you need to go. Book your trips ahead of time, though — scheduling 48 hours in advance is recommended.

**And the Metro — how do I use that?**

Once you get there, you’ll need to have or purchase a SmarTrip card. Put as much money on it as you need for your ride — fares range from $2.25 to $6, depending on the time of day and distance — and hop on. To figure out which one to take, check out the maps at the station.

**What about ride shares?**

College Park, in partnership with VeoRide, debuted a scooter and bike-share program at the beginning of last year. The program brought electric scooters, as well as both electric and regular bikes, to campus.

Through the VeoRide app, you can unlock a device and start riding. To rent, you’ll have to pay an unlock fee, plus a fee per minute. The price depends on what kind of device you choose to hop on.

It’s a big help if you’ve got class on the other side of campus or you don’t have the time to wait for a bus. Just make sure you ride safely and responsibly. Stick to the roads and stay off the sidewalk. VeoRide operations were suspended on campus in April, so keep an eye out to see if they’re back by the time you get to campus!
Follow your heart.
It will lead you to the Fridge.

So why not have one waiting for you in your dorm room?

MyFridgeRental.com

Official fridge rental vendor for the University of Maryland
COUNSELING RESOURCES

There’s been a lot of emphasis on physical health over the past few months, but it’s important to take care of your mental health as well. The stress of daily classes, assignments and preparing for a career after graduation can take a toll. But you don’t have to navigate this landscape all by yourself. The Counseling Center offers plenty of resources to turn to, and many are available remotely. They’re here to help, so don’t hesitate to reach out. Students can call 301-314-7651 or visit counseling.umd.edu for more information.

INDIVIDUAL COUNSELING

The Counseling Center has a staff of licensed health professionals ready to meet with students who need one-on-one help. As a student, you’re entitled to eight individual counseling sessions per 12-month period. To make an appointment, call the Counseling Center at 301-314-7651 or stop by the reception desk on the main floor of the Shoemaker Building.

DROP-IN HOURS

In recognition of the stigma surrounding counseling, the Counseling Center has worked to make requesting time with a therapist easier for specific demographics. From 3 to 4 p.m. on Monday through Friday, international students, veterans, people of color and those who identify as LGBT can drop by to see a counselor without scheduling an appointment beforehand.

REFERRAL SERVICES

Interested in seeking help off-campus? The Counseling Center keeps an extensive list of mental health resources, including psychologists, psychiatrists and social workers. Call 301-314-7651 to schedule an appointment with a care manager who will work with you to find the best fit for your health care needs, location and financial situation.

GROUP COUNSELING

Feeling intimidated by a one-on-one counseling session? UMD offers a variety of small group programs. Some groups address interpersonal issues, but others have a more specific focus, such as anxiety, depression, eating disorders or procrastination. And there’s no limit to the number of group therapy sessions you can attend.
No matter where you are,

STAMP is HERE for you.

IN Volvement • CoMMUNITY • EmPloyment
Campus Info & Resources
On campus or off, you can find it all by keeping up with us, and with #STAMPisHERE.

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Sometimes you’ll need to take extra steps to be safe in College Park and at the University of Maryland, and there are plenty of resources to help you. Here are numbers to have in your phone and at the ready, in case you need them.

**Pro-tip:** Some of these are already on the back of your student ID.

**EMERGENCY: 911 OR 301-405-3333**  
**NON-EMERGENCY CAMPUS POLICE: 301-405-3555**

College Park doesn’t have a police department, so the University of Maryland Police help patrol the city as well as the campus. Give them a call if there’s a crime, an emergency or if you have something urgent to report. Use the non-emergency line to request a police escort service if you ever feel unsafe — they’ll walk or bike you across campus.

**NITE RIDE: 301-314-3687**

If you don’t feel safe being out at night, NITE Ride can pick you up and take you around campus, free of charge. It’s run by the Department of Transportation Services, and it operates from 5:30 p.m. to 7:30 a.m. seven nights a week when the university is open.

**THE UNIVERSITY HEALTH CENTER: 301-314-8180**  
**CARE TO STOP VIOLENCE: 301-314-2222**  
**24-HOUR HOTLINE: 301-741-3442**

CARE stands for Campus Advocates Respond and Educate to Stop Violence. This group educates students about domestic and sexual violence and works with victims. CARE can help with everything from counseling and advice to educational workshops.
NOW MORE THAN EVER, 
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Do you have what it takes to change the world one patient at a time?

Apply to an entry-into-nursing program at the nationally top-ranked University of Maryland School of Nursing:

- **BACHELOR OF SCIENCE IN NURSING**
  Complete the last two years of your undergraduate degree in nursing, offered in Baltimore and at the Universities at Shady Grove in Rockville

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  Ranked No. 2 in the nation by U.S. News & World Report, this option leads you to a nursing career once you earn a bachelor’s degree in a field other than nursing, offered in Baltimore

nursing.umaryland.edu/explore
Terps come from many different backgrounds and with varying racial, ethnic, sexual and gender identities, among others. If you’re looking for a safe space on campus or for some extra support, here are some resources to look into!

**Nyumburu Cultural Center**

The center of black social, cultural and intellectual life on UMD’s campus, Nyumburu has served the community since its founding in 1971. In its mission to promote African American culture and student life on campus, the center — which sits next to Stamp Student Union at 4018 Campus Dr. — offers everything from lectures and seminars to workshops, exhibits and courses. The Black Book, a guide to the black experience at UMD, is also available on its website. For more information, go to nyumburu.umd.edu.

**The Office of Multicultural Involvement & Community Advocacy (MICA)**

A stand-alone office inside the Stamp Student Union, MICA supports students in cultural and cross-cultural involvement. If you’re part of a historically marginalized community, MICA can connect you with resources, organizations and information to best find your footing at UMD. They also hold events, leadership courses and advising. For more info, go to stamp.umd.edu/Multicultural_Involvement_Community_Advocacy.

**Undocumented Student Program**

Undocumented students — known here at UMD as UndocuTerps — can find resources on campus at undocumented.umd.edu. Through the website and newsletter, UMD offers information about community building, funding and support for undocumented students, including those in the Deferred Action for Childhood Arrivals program. While UMD has had an undocumented student coordinator, that position may not be filled this academic year due to a university hiring freeze amid the coronavirus pandemic. Students can find help within MICA and the Undergraduate Student Legal Aid Office, which is located in the upstairs of South Campus Dining Hall. To make an appointment, go to legalaid.umd.edu.

**The LGBT Equity Center**

The LGBT Equity Center, located in 2218 Marie Mount Hall, is dedicated to building “visible and vibrant” LGBTQ communities on campus. The center offers support groups, counseling, leadership development and connections to student organizations, among other resources. There are also weekly discussion groups available for different identities, such as bisexual or transgender students. For more information, go to lgbt.umd.edu.

**The Office of Multi-ethnic Student Education (OMSE)**

Located in Hornbake Library, OMSE offers many academic support services for students of various under-represented ethnic backgrounds. From peer mentoring programs to drop-in tutoring sessions, the office is there to support you — whether you just need a space to work and print or need to check-up with a staff member. For more info, check out https://omse.umd.edu.
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Contact the Service Desk!

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Terrapin Tech has essential gear bundles and guidance!

Need software?
Don’t buy expensive programs before visiting TERPware!

Terps have access to powerful products like MATLAB and many by Adobe, Microsoft, and more.

Need new gear?
Terrapin Tech has an online store with guides to help you find major-specific tech!
Enjoy luxurious hotel accommodations, cocktails with college friends or an inspiring meeting or event just a few steps from campus. You can rest assured with the knowledge that we are taking the appropriate precautions in today's environment.

Welcome Back Students and Faculty!

Our attention to detail is your peace of mind.

Southern Management hotels have implemented Ever Strong - a comprehensive cleaning and sanitization program for heightened safety and awareness during the COVID-19 pandemic. It is our hope that transparency about our detailed plan will help you feel comfortable and confident when staying in our hotels.